



NEWS BULLETIN

# Plants and Pollution

## ENVIS RP-NBRI

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Vol. 07, July 2020

### The Mystery Behind Nature Conservation

CSIR-NATIONAL BOTANICAL RESEARCH INSTITUTE, LUCKNOW

#### World Nature Conservation Day: 5 Things We Can Do For A Sustainable Life

NDTV, 27 July 2020

World Nature Conservation Day 2020: We often use the words 'conservation' and 'sustainability' but how much do we follow these in our daily lives? Many of the crises the world is facing today are because of the lack of conservation or the wasteful use of natural resources. In a bid to promote conservation, raise awareness and encourage sustainability, every year World Nature Conservation Day is observed on July 28.

World Nature Conservation Day is marked internationally to spread awareness about the best practices to protect the natural resources as our Earth does not have unlimited amount of things we need like water, trees, soil etc.

It is high time we recognize that a healthy environment is necessary for healthy people and a productive society, not only during our lifetime but for the future generations as well.

#### World Nature Conservation Day: Five steps can we take

- Let us encourage community participation in protecting, conserving and sustainable management of things we use every day.
- Discourage wastage of food, water and items of regular use.
- Switch off lights, fans and air conditioners when we leave the room.
- Close the tap properly after brushing or washing hands. Every drop counts and many neighbourhoods today realise that at the peak of summer when we face water scarcity.
- Rain water harvesting during the monsoon season and composting the daily vegetable peels can go a long way in developing a self-sufficient and sustainable life. Those of us who have a green patch can try growing herbs and vegetables of daily use.

Here's wishing you Happy World ..... [Read More...](#)

#### World Nature Conservation Day 2020: Small steps we should follow to protect and conserve nature

DNA India, 28 July 2020

World Nature Conservation Day is celebrated on July 28 across the world in order to raise awareness about protecting nature and conserving our natural resources.

With problems like deforestation and illegal wildlife trade on the rise, nature conservation has gone up on the list of priorities for a lot of countries.

Our Earth does not have unlimited amount of things we need like water, trees, soil, etc and World Nature Conservation Day is marked internationally to spread awareness about the best practices to protect the natural resources.

In India, the increased urbanisation has led to issues like lack of wildlife habitat, loss of forest cover, and pollution.

The government has recognised this as a problem and taken initiative to reverse it.

Here are a few things we can start practising as a part of the contribution towards maintaining balance and practice sustainable life...

1. Avoid wastage of food, water, and items of regular use.
2. Save energy by switch off lights, fans, and air conditioners when not in use.
3. Avoid wasting water and close the tap properly after brushing or washing hands.
4. Rainwater harvesting during the monsoon season

Practice these small steps for a sustainable lifestyle to protect and conserve nature..... [Read More...](#)



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#### World Nature Conservation Day 2020: Here's how you can make a difference

[Business Standard, 28 July 2020](#)

Celebrated on July 28 each year, the World Nature Conservation Day acknowledges that a healthy environment is the foundation for a stable and healthy society. To ensure the well-being of the present and future generations, we all must as responsible human beings participate in protecting and conserving our nature. Here are some simple habits to implement in your daily life to make a huge difference in conserving the environment.

Starting a home vegetable garden comes with many benefits. Not only does it help you save money but it also ensures the supply healthy unadulterated veggies and fruits. Don't have space? Make it in your kitchen or your balcony to grow organic fruits and vegetables that are mostly consumed domestically.

Driving is one of the biggest causes of pollution and yet there seems to be no control over it. If you want to use your car, first consider walking or using your bike if the journey is a short one. However, if you do need to use your car, try carpooling.

Instead of tossing food containers and peanut butter jars into the bin, you could reuse them for other purposes, like storing other goods in them or get crafty and make showpieces out of them.

Smoking doesn't just harm your body but the environment as well. It releases toxic air pollutants into the atmosphere. Also, the cigarette butts that are mostly left on the ground rather than the dustbin litter the place. The toxic chemicals in the remains seep into soil and waterways, causing soil and water pollution.

Instead of using plastic bags for your grocery shopping, shift to cloth or paper bags. They are reusable and help a great deal in saving the planet..... [Read More...](#)

#### World Nature Conservation Day 2020: How COVID-19 is helping nature to heal

[News Vibes of India, 28 July 2020](#)

The New Delhi (NVI): With industries shut, vehicles off roads and most of the economy staying shut in view of COVID-19 pandemic, nearly three months of lockdown proved to be a golden period for the flora and the fauna giving it enough time to recover.

Not only the air and other pollution went down drastically, but there were many instances reported where the wildlife also came out of their hideouts and roamed across cities.

World Nature Conservation Day is celebrated to create and increase awareness about the importance of natural resources and how one can live sustainably. The day encourages people to save and protect Earth's natural resources that are fast-depleting owing to over-exploitation and even misuse.

Celebrated across the globe on July 28, this Day also recognises that a healthy environment is the core reason for a stable and productive society. The sustainable practices are such that the well-being of the present and future generations can be secured.

The Ministry of Culture, via their official Twitter handle, posted a video and captioned it:

“Nature worship is indeed an integral part of the Indian Culture. On the occasion of #World Nature Conservation Day let's all take pledge to protect, conserve, and sustainably manage our natural resources and make this world a better and healthier place for our future generations.”

The best example of healing of nature due to lockdown was witnessed when Yamuna in Delhi started having clean water..... [Read More...](#)