



Environmental Information Awareness, Capacity Building and Livelihood Programme – EIACP

Ministry of Environment Forest and Climate Change (MoEFCC),
Govt. of India



Interactive session on
Restoring the Forest and
Mission LiFE awareness
among the students of
PM Shri Kendriya
Vidyalaya No.1, Cantt.
Shahjhanpur, on
07, Feb 2025



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The Environmental Information, Awareness, Capacity Building, and Livelihood Programme Centre (EIACP) of CSIR-National Botanical Research Institute (NBRI) organized an interactive session on "Restoring the Forest" and a Mission LiFE awareness program for the students of PM Shri Kendriya Vidyalaya No. 1, Cantt., Shahjhanpur, Uttar Pradesh. The session took place during their visit to CSIR-NBRI on February 7, 2025.



The session commenced with an introduction by Dr. Sandhya Mishra, Programme Officer, NBRI-EIACP Programme Centre, emphasizing its mission, objectives, and various initiatives aimed at promoting environmental sustainability. Students were informed about the center's ongoing efforts in ecological conservation, awareness campaigns, and capacity-building programs designed to foster a deeper understanding of environmental issues.

A significant portion of the interactive session was dedicated to forest restoration, highlighted the importance of reviving degraded forests through afforestation and sustainable land management

practices. The conversation also delved into the alarming issue of deforestation, examining its causes, consequences, and the urgent need for mitigation measures. Additionally, the session underscored the pivotal role of tree plantation in environmental conservation.

Dr. Mishra explained how planting trees helps combat climate change, enhances biodiversity, prevents soil erosion, and improves air quality. The discussion also encouraged students to actively participate in tree-planting initiatives and adopt eco-friendly practices to contribute to a greener and healthier planet.



Dr. Sandhya Mishra emphasized the importance of restoring forests as a critical step toward mitigating climate change, preserving biodiversity, and ensuring ecological balance. She discussed various methods of forest restoration, such as afforestation, reforestation, and agroforestry, highlighting their role in replenishing lost green cover and improving soil health.

The lecture also touched upon community participation in forest conservation, encouraging students to engage in tree-planting initiatives, protect existing forests, and spread awareness about sustainable practices. By integrating these actions into their lifestyle, students were encouraged to

take an active role in preserving nature, combating deforestation, and fostering a greener, healthier planet.



Following this, Dr. Sandhya Mishra delivered an insightful lecture on Mission LiFE (Lifestyle for Environment), emphasizing its significance in promoting sustainable living. She elaborated on the seven themes of Mission LiFE, which focus on key areas of

environmental responsibility, including energy conservation, waste management, water conservation, sustainable food systems, and adopting eco-friendly habits.

Dr. Mishra also provided practical guidance on how individuals can integrate these principles into their daily lives. She highlighted simple yet impactful actions, such as reducing plastic use, conserving water and electricity, minimizing food waste, adopting sustainable habits, and participating in community-driven environmental initiatives. The session aimed to inspire students to become environmentally conscious citizens by adopting sustainable habits in their daily lives and actively contributing to environmental conservation.



Mrs. Nausheen Nisar IT Officer NBRI-EIACP, was actively involved in facilitating the session by overseeing the registration process and ensuring a smooth experience for the participating students. Simultaneously, Mr. Manish Chaudhary, Information Officer, NBRI-EIACP distributed knowledge products, including newsletters and brochures, to enhance the students' understanding of the topics discussed. These materials provided valuable insights into environmental conservation, forest restoration, Mission LiFE, and sustainable living practices.



At the conclusion of the session, Mr. Arun Kumar Lal, PGT (Biology) and teacher of the school, led the students in taking the Mission LiFE Pledge, reaffirming their commitment to adopting sustainable practices in



their daily lives. A total of 84 students and 6 staff members actively participated in the session, gaining valuable insights into environmental conservation and sustainable living.
